

Welcome to the March 2024 Scomis Online Safety Newsletter for Parents and Carers

Access to advice/help for parents and carers

With the Easter break almost here, SCOMIS is reminding parents and carers of where they can find advice and/or help with Online Safety Issues. Knowing where to look and what to look for can be a challenge! The following websites have lots of information, summarised as follows:

Find out how to keep children safe online with the NSPCC's guides, including:

Online safety advice

How to start Age-appropriate Online Safety conversations with your child, including:

- links to resources for under 11s – watch the [video](#) 'Talk PANTS'
- positive [Parenting Guide](#) for older children and teenagers
- how to talk to children about [difficult topics](#)
- [online safety quiz](#)
- [online safety resources for children](#)

Online safety guides for parents

Advice for parents to understand the [risks of online games](#)

Find out about [different social media platforms](#) and how to help children stay safe

Get advice about how to keep children safe using [internet connected devices and toys](#):

- Smart speakers - Google Home and Amazon Echo
- Wearables, such as Fitbit and Apple Watch
- Robots, drones and other mechanical toys
- Smart TVs
- Tips for keeping your family safe

Online wellbeing

Discover 6 Top Tips to support your child's online wellbeing and take the [quiz](#)

Get the family together, have a discussion before you answer each question and choose your answer together!



Resources for children with SEND

NSPCC Partnered with Ambitious about Autism to create online safety tips, advice and activities for parents and carers of [children with SEND](#) including:

[Sharing personal details](#)

[Friendships online](#)

[One-page profile](#)

[Cyberbullying for children with SEND visual article](#)

[Talking to people online for children with SEND visual article](#)

Need help or to talk to someone?

Call the NSPCC on 0800 800 5000

Email: help@nspcc.org.uk

Complete the NSPCC [online form](#) to get advice and help from safeguarding experts.

Support for Grandparents!

The [UK Safer Internet Centre](#) has published a resource to support grandparents with online safety. The guidance includes:

- how to support your grandchild in using the internet safely and responsibly
- know when to speak to their parent/carer
- how to respond if something goes wrong
- how to understand the latest technologies and trends?
- what you should know about parental controls?
- how to talk to your grandchild about their online life?
- where to go for help or to report something worrying or inappropriate?

Find out more [here](#)

Online Gaming

Scomis has previously included articles on advice and guidance for parents and carers on Online Gaming. With the Easter break about to commence, check the following websites :

Childnet—[Online Gaming; an introduction for parents and carers](#) includes :

- introduction to online gaming
- how and where to play online games
- the risks
- SMART rules
- online gaming FAQs

Parentzone—[Gaming: a parent's guide | Parent Zone](#) includes advice on:

- the links between gaming and gambling
- what you need to know about gaming communities
- top tips on helping your child play games safely
- inappropriate content
- how much time is too much time?

Family Lives—[Gaming | Family Lives](#) includes advice on:

- key points
- talking to your child about gaming
- keeping teens safe

Check the [South West Grid for Learning's Gaming Hub](#) to find out the benefits of gaming and:

- why people game
- about the gaming community
- explore virtual reality
- Esports

Where to get help

Visit the [UK Safer Internet Centre's](#) website to access details and links for a number of organisations that can help with:

- [Safety tools guide](#) for Social Media
- [Reporting on Social Media](#)
- Reporting Criminal Content Online and much more!

Remember FREE advice is just a phone call away from Childline:
0800 1111