

Welcome to the March 2023 Scomis Online Safety Newsletter for Parents

Access to advice/help for parents and carers

With the Easter break almost here, SCOMIS is reminding parents and carers of where they can find advice and/or help with Online Safety Issues. Knowing where to look can be a challenge! The following websites have lots of information, summarised as follows:

NSPCC— Find out how to keep children Safe Online with help from the NSPCC's guides, including:

[Reporting Online Safety Concerns](#)

[Online Safety Guides](#)

[Resources for children](#)

[Resources for children with SEND](#)

Childnet.com Help, advice and resources for parents and carers including:

[Social media](#)

[Parental controls](#)

[Reliability online](#)

[Online bullying](#)

[Help and advice for 4-11 year olds](#)

- What to do if someone is mean to your child online
- How much time should you spend online
- What you need to know about online gaming

[Help and advice for 11-18 year olds](#)

- Digital wellbeing
- Gaming
- Social media
- Fake news
- Video Calls

[Parent's and carers Toolkit](#)

3 resources offering practical tips and advice on different aspects of keeping your child safe online. Download the toolkit [here](#)

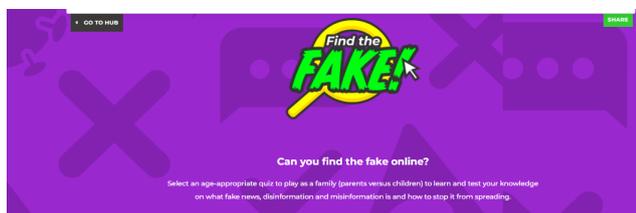
Internet Matters—Access Internet Matters 'one-stop shop' resource centre featuring parent guides, recommended resources. See what's new! Including:

[Age-specific online safety guides](#)

0-6years; 6-10years ; 11-14years; 14years+

[Family Digital Toolkit](#)—watch the video!

[Interactive Family Quiz](#)—find the fake online!



Support for Grandparents!

The [UK Safer Internet Centre](#) has published a resource to support grandparents with online safety. The guidance includes:

- how to support your grandchild in using the internet safely and responsibly
- how to respond if something goes wrong
- How to understand the latest technologies and trends?
- What you should know about parental controls?
- How to talk to your grandchild about their online life?
- Where to go for help or to report something worrying or inappropriate?

Find out more [here](#)

Online Gaming

Scomis has previously included articles on advice and guidance for parents and carers on Online Gaming.

The following websites provide useful

Childnet—[Online Gaming; an introduction for parents and carers](#) includes advice on:

- The risks

Parentzone—[Gaming: a parent's guide | Parent Zone](#)

includes advice on:

- the links between gaming and gambling
- what you need to know about gaming communities
- top tips on helping your child play games safely
- inappropriate content
- how much time is too much time?

Family Lives—[Gaming | Family Lives](#) includes advice on:

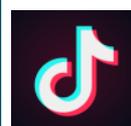
- talking to your child about gaming
- keeping teens safe

Check the [South West Grid for Learning's Gaming Hub](#) to find out the benefits of gaming and:

- why people game
- about the gaming community
- explore virtual reality



TikTok



CommonSense Media's review:

Parents need to know that TikTok is a social network for sharing user-generated videos. Users can remix others' work and browse content created by other users, including

famous recording artists. The app features a lot of music, expect swearing and sexual content in some songs. Read the review in full [here](#)

NB. Recommended Age: 13 CommonSense = Age 15

Find out how to apply TikTok privacy settings at [Internet Matters](#) including how to apply restrictions on:

- **privacy**
- **location sharing**
- **identity theft**

Download the [Parental Guide](#)

Find out more about why children use social media and how to keep them safe when using:

- Instagram
- Snapchat
- Wink
- Whatsapp
- Kik

Visit the NSPCC [here](#)

Where to get help

Visit the [UK Safer Internet Centre's](#) website to access details and links for a number of organisations that can help with:

- Reporting on Social Media
 - Reporting Criminal Content Online
- and much more!

Need Help in the holidays?

Remember **FREE** advice is just a phone call away from NSPCC helpline:
0808 800 5002
Childline: 0800 1111

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